



Putoline Product recommendation

Honda CRF CRF 100 F (2002-2017)

ENGINE/TRANSMISSION

1,1 liter Capacity

0,9 liter Capacity

Recommended product

N-TECH® Pro R+ 10W-30, 10W-30

Normal, Change every 1000 km/ 6 months

Initial service, Change every 150 km/ 1 months

Good alternatives

Sport 4R 10W-30, 10W-30

Normal, Change every 1000 km/ 6 months

Initial service, Change every 150 km/ 1 months

N-TECH® Pro R+ Off Road 10W-40, 10W-40

Normal, Change every 1000 km/ 6 months

Initial service, Change every 150 km/ 1 months

Ester Tech Off Road 4+ 10W-40, 10W-40

Normal, Change every 1000 km/ 6 months

Initial service, Change every 150 km/ 1 months

Off Road 4 10W-40, 10W-40

Normal, Change every 1000 km/ 6 months

Initial service, Change every 150 km/ 1 months

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