



## Putoline Product recommendation

### Honda CRF CRF 450 X (2005-2018)

#### ENGINE

0,7 liter Capacity

0,87 liter Capacity

0,03 liter Filter capacity

Recommended product

N-TECH® Pro R+ 10W-30

Normal, Check every 2 hours

Normal, Change every 15 hours

Good alternatives

Sport 4R 10W-30

Normal, Check every 2 hours

Normal, Change every 15 hours

N-TECH® Pro R+ Off Road 10W-40

Normal, Check every 2 hours

Normal, Change every 15 hours

Ester Tech Off Road 4+ 10W-40

Normal, Check every 2 hours

Normal, Change every 15 hours

Off Road 4 10W-40

Normal, Check every 2 hours

Normal, Change every 15 hours

#### TRANSMISSION, 5

0,65 liter Capacity

0,75 liter Capacity

Recommended product

N-TECH® Pro R+ 10W-30

Normal, Check every 2 hours

Normal, Change every 15 hours

Good alternatives

Sport 4R 10W-30

Normal, Check every 2 hours

Normal, Change every 15 hours

Ester Tech Off Road 4+ 10W-40

Normal, Check every 2 hours

Normal, Change every 15 hours

Off Road 4 10W-40

Normal, Check every 2 hours

Normal, Change every 15 hours

#### HYDRAULIC BRAKE SYSTEM

Recommended product

Ultimate Racing Brake Fluid

Normal, Check every 2 hours

Normal, Change every 24 months

Good alternatives

DOT 4 Brake Fluid

Normal, Check every 2 hours

Normal, Change every 24 months

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Recommended product

Good alternatives

#### **COOLING SYSTEM**

1,21 liter Capacity

1,45 liter Capacity

Ultracool 12

Normal, Check every 2 hours/ 1 race

Normal, Change every 24 months

Coolant NF

Normal, Check every 2 hours/ 1 race

Normal, Change every 24 months

#### **FRONT FORK**

0,52 liter Capacity

Formula GP 10W

Normal, Change every 7 hours/ 3 races

HPX R 10W

Normal, Change every 7 hours/ 3 races

Recommended product

Good alternatives

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